

## **Level 3 Award in First Aid at Work Requalification (QCF)\***

### **Course Aim**

To enable delegates to refresh their understanding of the role of a first aider and to revisit the knowledge and set of practical skills required for them to effectively deal with a range of first aid situations in a safe, prompt and knowledgeable manner.

### **Who is it for?**

People who work in medium to high risk environments and are already approved first aiders in the workplace. Delegates must possess a valid First Aid at Work certificate in order to attend this course.

### **Course Content**

- Role of a first aider
- Priorities of First Aid
- Injuries to Bones, Muscles & Joints
- Managing an Incident
- Recognition of Minor Illnesses
- Responsibilities of Employers & Employees
- Recognition and management of major illnesses
- Causes and care of the unconscious casualty
- Disorders of the Airway
- Infection Control
- Cardio Pulmonary Resuscitation (CPR)
- Eye Injuries, Poisoning & Miscellaneous Injuries
- Wounds, Bleeding & Shock
- Manage the Transportation of a Casualty
- Burns & Scalds
- Record Keeping & Accident Reporting

### **Course Duration**

12 hours of training spread over 2 days

### **Assessment and Qualification**

Ongoing practical assessment by the trainer and multi-choice questionnaires.

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\*The QA Level 3 Award in First Aid at Work requalification (QCF) has been accredited by the regulators of England, Wales and Northern Ireland (Ofqual, Welsh Government and CCEA) and is part of the Qualifications and Credit Framework (QCF). All students are awarded a recognised First Aid Certificate which is valid for 3 years as well as a first aid manual and pocket card.