

## **Level 3 Award in First Aid at Work (QCF)\***

### **Course Aim**

To enable delegates understand the role of a first aider and to gain the knowledge and set of practical skills required for them to effectively deal with a range of first aid situations in a safe, prompt and knowledgeable manner.

### **Who is it for?**

People who work in medium to high risk environments and want to become approved first aiders in the workplace. It is the most comprehensive first aid training course and complies with the Health and Safety (First-Aid) Regulations 1981.

### **Course Content**

- Role of a first aider
- Priorities of First Aid
- Injuries to Bones, Muscles & Joints
- Managing an Incident
- Recognition of Minor Illnesses
- Responsibilities of Employers & Employees
- Recognition and management of major illnesses
- Causes and care of the unconscious casualty
- Disorders of the Airway
- Infection Control
- Cardio Pulmonary Resuscitation (CPR)
- Eye Injuries, Poisoning & Miscellaneous Injuries
- Wounds, Bleeding & Shock
- Manage the Transportation of a Casualty
- Burns & Scalds
- Record Keeping & Accident Reporting

### **Course Duration**

18 hours of training spread over 3 days

### **Assessment and Qualification**

Ongoing practical assessment by the trainer and multi-choice questionnaires.

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\*The QA Level 3 Award in First Aid at Work (QCF) has been accredited by the regulators of England, Wales and Northern Ireland (Ofqual, Welsh Government and CCEA) and is part of the Qualifications and Credit Framework (QCF). All students are awarded a recognised First Aid Certificate which is valid for 3 years as well as a first aid manual and pocket card.