

Level 2 Award in Emergency First Aid at Work (QCF)*

Course Aim

To enable delegates understand the role of a first aider and to gain the knowledge and set of practical skills required for them to effectively deal with a range of first aid situations in a safe, prompt and knowledgeable manner.

Who is it for?

People who work in low to medium risk environments and want to become approved first aiders in the workplace. It complies with the Health and Safety (First-Aid) Regulations 1981.

Course Content

- Role of a first aider
- Priorities of First Aid
- Managing an Incident
- Causes and care of the unconscious casualty
- Cardio Pulmonary Resuscitation (CPR)
- Bleeding and Shock
- Choking
- Burns and Scalds
- Sprains and Strains
- Fractures
- Heart Attack
- Stroke
- Manage the Transportation of a Casualty
- Record Keeping & Accident Reporting

Course Duration

6 hours of training over 1 day.

Assessment and Qualification

Ongoing practical assessment by the trainer and a multi-choice questionnaire.

*The QA Level 2 Award in Emergency First Aid at Work (QCF) has been accredited by the regulators of England, Wales and Northern Ireland (Ofqual, Welsh Government and CCEA) and is part of the Qualifications and Credit Framework (QCF). All students are awarded a recognised First Aid Certificate which is valid for 3 years as well as a first aid manual and pocket card.